



# E\*News

Friday, February 11, 2011

## ABOUT US

- Since 1908, the Renfrew & area Chamber of Commerce has been an active and progressive non-profit voluntary organization promoting the civic, commercial, industrial and tourist development progress of this great community.
- The Chamber is a catalyst and a volunteer organization where business and professional people work together for the common good.
- Year-round promotion of Renfrew and the area as a destination for tourist and business is a pri-

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## A Look At Max Keeping



Tammy Logan—Information Officer

Winston Maxwell Keeping, known as Max Keeping, is a Canadian broadcaster. Born in Grand Bank, Newfoundland, Max began his career in 1957 at the St. John's, Newfoundland Evening Telegram. He is the former Vice-President of news and public affairs at CJOH where he was anchor of the local evening news broadcast from 1972 until his retirement in 2010.

In his more than 40 years in Ottawa, Keeping has become a local celebrity. He has played an active role in many charitable drives, both through his news station, and outside. He is the long-time Master of Ceremonies of the CHEO telethon. It is estimated that he has participated in the collection of more that \$100 million in charitable donations in the Ottawa area. This earned him a 2003 Gemini Humanitarian Award. Most recently Keeping accepted a Doctorate of the University degree from the University of Ottawa and an honorary post as Patron for Learning for a Cause, a non-profit educational initiative which publishes and promotes the creative writing of high school students.



Max Keeping Foundation

## Awards and notable achievements

Max is chair of the Ottawa Senators Foundation, chair and founder of the Max Keeping Foundation, founder and honorary chair of Child and Youth Friendly Ottawa, a special Ambassador for The Children's Hospital of Eastern Ontario (CHEO), honorary chair of Do It For Dad (the annual fundraiser for prostate cancer); honorary chair of the Juvenile Diabetes Foundation's Ottawa Walk for the Cure, honorary chair of Wal-Mart's Walk for Miracles, honorary chair of The Children's Wish Foundation of Ottawa, a member of the Ottawa United Way leadership committee & United Way cabinet committee on social service spending, and is a long time supporter of the Cystic Fibrosis Foundation and other organizations in Ottawa.



*Topic of Discussion  
"Building caring  
communities"*

The Renfrew and Area Chamber of Commerce  
is please to present  
**Mr. Max Keeping**  
at the 2011 Annual General Meeting.

February 15, 2011. Mate-a-way Activity  
Centre.

Doors open at 7 am, breakfast at 7:30.



The AGM is open to members, non-members and the public. Tickets are \$20 members, \$25 non-members and must be purchased in advance by contacting the Renfrew and Area Chamber of Commerce.

After more than 37 years as CTV News at 6:00 anchor and News Vice-President, Max Keeping is now CTV Ottawa's Ambassador to the Community.



**Special Announcement from  
Renfrew and Area Health Services Village**

Contact Tammy at Tel: (613)432-7015.  
161 Raglan St. S. Renfrew



OTTAWA VALLEY GLASS  
ENTERPRISES LIMITED



**HOME AND LEISURE SHOW 2011  
BROUGHT TO YOU BY  
MYFm and  
RENFREW AND AREA CHAMBER OF COMMERCE**



**Call now to book your booth!**

**(613) 432~7015**

**As a Chamber member you will  
receive a discounted booth rate.**

***Let's make this the best Home Show ever!***

**Edward Jones**

## Edward Jones Hosts Seminar: "Foundations of Investing"



Kym Cherry, an Edward Jones financial advisor in Renfrew, will host a free educational seminar titled, "Foundations of Investing," at Noon "OR" 6:30 pm Tuesday, February 15th, 2011 at 285 Raglan St., S., Renfrew, Ontario.

Investors should not let fear of the unknown prevent them from investing in their future. Getting started may be easier than some think if they understand the basics of investing.

Whether new to investing or in need a refresher, join Edward Jones for a free Foundations of Investing seminar to learn more about:

The seminar will include the following:

- The key features of bonds, stocks and mutual funds
- The importance of assess allocation
- Five steps to help you build a better investment strategy

Edward Jones is a full-service investment dealer with one of the largest branch networks in Canada. It is a member of the Investment Industry Regulatory Organization of Canada and the Canadian Investor Protection Fund, and a participating organization of the Toronto Stock Exchange. Including its affiliate, Edward Jones serves nearly 7 million individual investors in Canada and the U.S. from more than 11,000 locations.

Edward Jones is a limited partnership in Canada and is a wholly owned subsidiary of Edward D. Jones & Co., LP, a Missouri limited partnership. Edward D. Jones & Co., LP is a wholly owned subsidiary of The Jones Financial Companies, LLLP, a Missouri limited liability limited partnership.

**Contact:** Kym Cherry  
613-432-1688

# HOSPICE

R E N F R E W



*Sunday May 1<sup>st</sup> 2011*

459 ALBERT STREET  
 RENFREW ON  
 K7V 1V8  
 Phone 613-433-3993  
 Fax 613-432-3618

*Hospice Renfrew Inc.  
 Board of Directors*

*Connie Legg  
 Board Chair*

*James MacKillican  
 Millie Ritchie  
 Edie Wesbrook  
 Dr. Arthur Dick  
 John Cooke  
 Norah Hewson  
 Jo-Anne Dowdall-Brown  
 Karen McEwen  
 Jon Pole  
 Karl Murphy*

*Dr. Stephanie Langlois  
 Medical Advisor*

*Diane Caughey  
 RN, BScN, GNC(c)  
 Executive Director*

Hospice Renfrew is planning the fifth annual Hike for Hospice. Hike for Hospice is a national fundraising event designed to raise funds and public awareness for Hospice Palliative Care. 100 % of the funds raised will remain in the community to support the services provided at Hospice Renfrew.

We are inviting you to step forward as a supporter of Hospice Renfrew and become a sponsor for this very special fundraising event. Sponsorship levels are as follows:

❖ **Platinum sponsorship-** advertising your company logo on all printed materials, large banner at event, each pledge form and every participant t-shirt. You will have an opportunity to set up a display on day of event. **Investment \$2,000.00**

❖ **Gold Sponsorship-** advertising your company name on printed materials, and large banner at event, and each pledge form. **Investment \$1,000.00**

❖ **Silver Sponsorship-** advertising your company name on large banner at event and each pledge form at event. **Investment \$500**

❖ **Bronze Sponsorship-** advertising your company name on large banner at event. **Investment \$250**

**Please confirm sponsorship no later than March 15<sup>th</sup> 2011.**

**Registered Tax receipts will be issued to all sponsors.**

If you are interested in becoming a sponsor please contact Helen McGregor at Hospice Renfrew 613-433-3993  
 or email [helen@hospicerenfrew.ca](mailto:helen@hospicerenfrew.ca) or Jo-Anne Dowdall-Brown 613-432-8080

**A sincere thank you for considering supporting Hospice Renfrew**

# Employment **NETWORKS**

*Nurturing Employment Techniques  
While Offering Resources Knowledge & Skills*

## Upcoming Workshop

**February 16th, 9-3**

# Interview Techniques

Many people forget about the interview. They prepare a resume and cover letter and then sit back to wait, instead of being proactive by preparing and practicing for the interview. The interview is your first chance to make a positive impression. It requires a great deal of advance preparation and practice in order to do it well. You need to know yourself well enough to convince an employer to give you a chance. "You do not get a second chance to make a good first impression."

